

Life and Work - September 13, 2026

We offer our sincere condolences to the family of Dr. Asım Aslan who passed peacefully Friday, May 29th, 2026. The Funeral Service was held at Millgrove United Church.

We offer our sincere condolences to the family of Vida Short on her sudden passing on Saturday, September 5, 2026 at age 90. Funeral service was held on Saturday, September 12 from the Carnell Memorial Chapel. Interment took place at the Anglican Cemetery, Kenmount Road. The funeral service for Vida Short was livestreamed on Carnell's website for those unable to attend.

Welcome Back Sunday: Next Sunday, September 20, we mark our annual Welcome Back Sunday. Along with our first Soup Luncheon since summer holidays, various committees, groups and teams will have set up booths to promote their work and give people a chance to sign up for various activities and events. Be sure to come and why not invite a friend to come along so that we can welcome them as well.

Meditation for Busy People: Each Wednesday at 5:45 pm, we host a short time of Christian Meditation followed by additional spiritual practices like Lectio Divina, walking the labyrinth, a wonderful chance to come to inner quiet as we each focus on God's love within us. Come to the Fellowship Room. If you have not practiced Meditation before, arrive at 5:30 pm and Rev. James will teach you how to go about it. Following meditation, each week there is an additional spiritual practice to take part in, such as Lectio Divina, walking the labyrinth or Taizé.

Mediation Plus! Following our weekly meditation gathering, why not stay for another form of prayer or learning at 6:30 pm. The schedule is as follows:

First Wednesday of the month: Taizé Prayer (a time of singing and reflection)

Second Wednesday: Lectio Divina (shared reflection on a short Bible passage)

Third Wednesday: Post meditation teaching (learn more about Christian meditation)

Fourth Wednesday: Labyrinth Walk (a meditation practice focused on movement)

Pub Theology: Each Third Thursday at 7 pm, Guv'nor Pub. Join others over a beverage to talk about faith, spirituality, ethics and other of life's big questions

Connecting with our Neighbourhood: This summer and fall we are doing Prayer Walks in our neighbourhood. This is a simple weekly walk along the streets surrounding the church, praying, observing and connecting with neighbours as you go. We will form small teams of 2-3 people to walk each week (or every 2 weeks if that is easier). Contact Rev. James (james@stjamesuc.org) if this interests you or for more information.

Cochrane Street United Final Decommissioning Service: The congregation of Cochrane Street United Church warmly invite you to our deconsecrating service on Sunday, September 27, 2026 at 2:00pm at Cochrane Street. We welcome everyone to reflect on our legacy with us as we disband our congregation and deconsecrate our church. An M & S offering will be collected and everyone is invited for coffee and tea after the service.

Maintenance Person: St. James is looking for a part-time maintenance person for some odds and ends, up to a possible 15 hours per week. Please contact Stephanie at the church office for more information at info@stjamesuc.org

Soup Luncheon: Soup luncheon starts up on Sunday, September 20th

We are looking for donations of soup/casseroles, dinner rolls and sweets.

Please sign up on the sheet in the foyer or contact Brenda, Barbara, Catherine or Linda.

AOTS: The men's club will hold its first meeting of the fall on Wednesday September 16 at the usual time, 12:30 for 1:00. New members are always welcome.