

## Life and Work – February 1, 2026

**We offer our sincere condolences to** the family of Brenda Butt who passed away on January 27, 2026. Resting at Carnell's Funeral Home. Visitation is on Friday January 30th from 11:00AM -2:00PM and 3:00PM - 9:00PM. Service will be at Carnell's Chapel on January 31st at 11:00AM. With committal following at Mt. Pleasant Cemetery

**We offer our sincere condolences to** the family of Violet Hutchings who Passed peacefully away at St. Clare's Mercy Hospital on January 15, 2026 aged 93 years. The memorial service was held at Barrett's Chapel.

**2026 Envelopes:** If you have not already received your 2026 envelopes, they are ready at the church for pick-up. Please drop by Tuesday to Friday from 8:30 am to 1:30 pm and pick them up or ask a member of the congregation to pick them up for you.

### **Lent is coming: Consider taking up a spiritual practice!**

1. Meditation: Each Wednesday, 5:45-6:30 pm (doors open at 5:30 pm). Come each week for a time of quiet meditation in the Christian tradition. Don't worry if you've never practiced Christian meditation. Rev. James will teach you how.
2. Bible Study: Each Sunday after coffee time, Rev. James leads a bible study. This is a chance to explore the readings heard in worship in more detail.
3. Fasting: Fasting is one of Christianity's oldest practices. Choose one day during the week to eat less. You could choose to refrain from eating during the daylight hours, opt to go without meat, or some other practice. As you feel hungry for food, you turn to God who is the only one who truly satisfies.
4. Almsgiving: Another ancient practice is giving alms, setting extra money aside to help others by supporting the church or another charity. Perhaps join fasting and almsgiving together. Sacrifice a purchased coffee (or some other treat) each day and give the proceeds to help others.

**Wild Light Spiritual Oasis:** Please note the date change to February 1, 2026 at 3:00pm. Join us for a walk to connect to our inner creativity. We will meet at the shelter adjacent to the Fluvarium parking lot.

**Taizé Prayer Service:** Wednesday (February 4) at 6:30pm. A time of readings, singing and silent reflection.

**Readers Required:** If anyone is interested in helping out during Sunday worship services by doing readings, please see the sign up sheet in the vestibule or please contact Barry Cutler at (709) 685-9030 or by email at [newfie\\_1\\_ca@yahoo.ca](mailto:newfie_1_ca@yahoo.ca). Thank you

**HURRY & GET YOUR TICKETS FOR SHIFT HAPPENS, MUSICAL COMEDY!**

**Deadline to get your tickets: February 12, 2026**

**Buckle up for a joyride down memory lane with Spirit of Newfoundland's latest musical comedy, "Shift Happens...at 100 Smiles per Hour"! On February 26, 2026, Gower Theatre doors open at 6:30 p.m.**

🍷 Dinner, Show, and Non-Stop Entertainment – All for just \$120 per person! 🍷 **(Remember that you will get a \$50 tax receipt!!)**

This is your chance to grab your spot for an unforgettable night filled with laughter, community, and music!

Bypass the downtown parking, park at St. James and avail of our taxi service to Gower St UC. Please enquire about our childcare availability. Dietary considerations available upon request. Tax receipts (\$50.00 per ticket) will be issued for the charitable portion of the ticket.

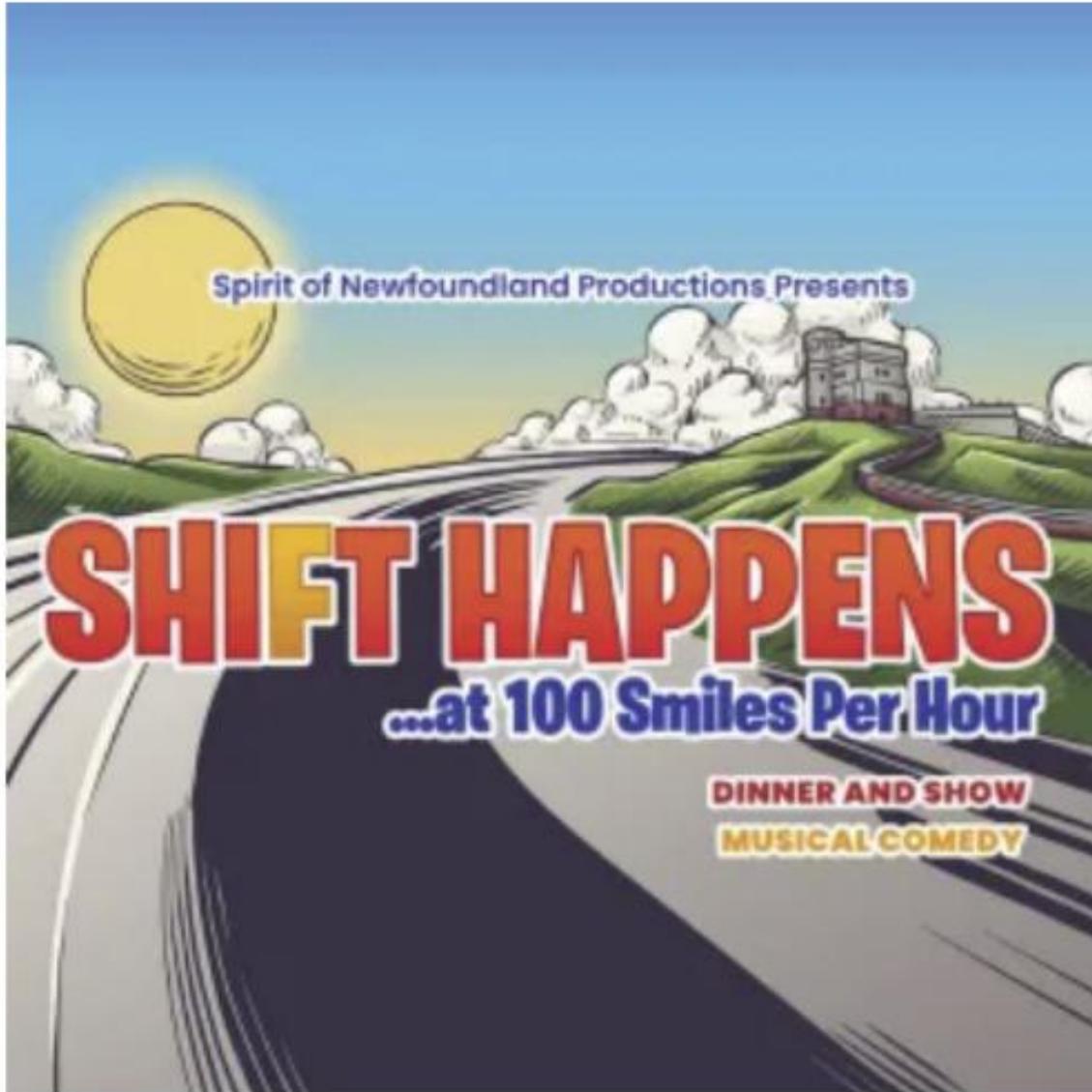
Tickets are selling fast. Get yours today by contacting the St. James church office by phone or email at [info@stjamesuc.org](mailto:info@stjamesuc.org) or 722-1881. Payment is due at the time of purchase via cheque, e-transfer, or cash. Deadline to get your tickets is February 12, 2026. Tickets are NOT available at the door.

🤝 Hosted by Gower Street United Church, St. James United Church, and Cowan Heights United Church, proceeds will be shared between the three churches in support of their ministries.

**JOIN**



**AT SPIRIT OF NEWFOUNDLAND FOR**



**FEB 26**  
**7:00 PM**

**A THREE-COURSE DINNER THEATRE**  
**GOWER THEATER , 208 GOWER STREET**  
**TICKETS \$120**  
**PLEASE PURCHASE IN ADVANCE**  
**(709) 722-1881 - INFO@STJAMESUC.ORG**

**Tapestry:** Saturday, February 14 @ 5:30PM. Beginning with a potluck at 5:30 pm, this service celebrates the strands that make us who we are in terms of faith, experience, and identity.

**Bring in Palm Fronds:** In preparation for Ash Wednesday (on February 18), please bring in palm fronds from last year (or earlier). They are burned and then the ash is used for the custom of having a cross traced in ash on your forehead.

**Ash Wednesday Service:** Wednesday, February 18th at 6:30PM. There will also be a chance to receive ashes at the end of the worship service on February 18

**Pancake Supper:** will be held on Tuesday, February 17 at 6pm. Come enjoy all the favourites; pancakes, berries, beans and sausages, coffee, tea and juice for just \$12 per person. Tickets are available for purchase from Aubrey Hill at (709) 726-8306 or Clyde Flight at (709) 722-9935. Tickets must be purchased in advance.



## St. James United Church Pancake Supper

Tuesday, February 17, 2026  
6 p.m.

Adults	\$12.00
--------	---------

**St. James Fundraising Group:** We have a Valentines Basket currently on tickets. \$2 each or 3 for \$5. Draw date is February 12<sup>th</sup>. See Barbara Butt for tickets. Valued at \$200. Tickets will be sold after worship in Fellowship Room.

**Save the Date!** The UCW will be hosting **our annual *Spring Tea and Bake Sale*** on Saturday, April 11th from 2pm - 4pm. Come and enjoy sandwiches, cookies and tea or coffee for \$10, get your baked goods and a chance to win a beautiful basket of items! As in previous years, we will be looking for help from members of the congregation and we will be reaching out soon. We know we can always count on our church family to support our fundraising efforts that are used to fund our church and outreach initiatives. If you would like to volunteer to help, please reach out to Betty Pilgrim or Donna Downey.

**St. James United Church St. Patrick's Day Concert:** Featuring Hamilton Sound & Bud Davidge on Sunday, March 15, 2026 from 2:00-3:30pm. Tickets are \$35.00 and can be purchased from the church office Tuesday to Friday between the hours of 8:30AM and 1:30PM. Please contact the church office for your ticket at [info@stjamesuc.org](mailto:info@stjamesuc.org) or 709-722-1881. Please note that the church office will be closed at 1:30PM.



# St. Patrick's Day Concert

featuring

## Hamilton Sound & Bud Davidge

**Sunday, March 15, 2026 2:00 pm-3:30 pm**

### St. James United Church

330 Elizabeth Avenue

Tickets - \$35.00 Call 709.722.1881  
Office Hours Tuesdays-Fridays 8:30am to 1:30pm

