

Life and Work - March 5, 2023

We accept the following donation to the Bridges to Hope Fund:

*Remembering Joanne Hapgood, BN,RN on her birthday March 3.
Love Susan, Stephen, Rebecca & Kyle

We accept the following donation to the Memorial Fund:

*In memory of Margaret Babstock from her family.

The Visitor: The season of Lent is upon us and there's a new edition of The Visitor available. Pick one up today or read online at <http://www.stjamesuc.org>. **Zone captains**, Your Visitor packages are ready for pick-up at the church office during office hours. Thank you!

What is a MAP? As you would have read last week, we are engaged in reviewing our Mission Articulation Plan (our MAP). If you have questions about the MAP review process, what we mean by a Mission Articulation Plan, or even what Mission means, members of the MAP Review Team will be giving a short Q & A session after the worship service.

A Different Lenten Fast: A common practice during Lent, even among members of the United Church, is to fast, that is to give up something as a sign that we want to make changes in our lives. The following words from Pope Francis offer insight into what this means in concrete ways:

Do You Want to Fast for Lent

Fast from Hurting Words and say Kind Words.
Fast from Sadness and be filled with Gratitude.
Fast from Anger and be filled with Patience.
Fast from Pessimism and be filled with Hope.
Fast from Worries and Trust in God.
Fast from Complaints and contemplate Simplicity.
Fast from Pressure and be Prayerful.
Fast from Bitterness and fill your hearts with Joy.
Fast from Selfishness and become Compassionate to others.
Fast from Grudges and become Reconciled.
Fast from Words so you can be Silent and Listen.

Sewing Studio on Monday in Fellowship Room 7-9 pm. or at Memorial United, Portugal Cove 1-3pm. All sewers, knitters, needleworkers and crafters welcome.

NOTICE: St James United Church Annual Congregation Meeting will be held Sunday March 12 at 12:45 pm in the Sanctuary., following a short lunch. in the auditorium. Annual reports will be sent electronically the week before the meeting. Paper copies will be available for those who require them. on March 5th.

Book Fair: Calling all book lovers! St. James United Church is having a book fair on Sunday, March 19 from 2-6 and Monday, March 20 from 10-5. We will be accepting donations of new and gently used books from now until March 14. They can be dropped off at the church office during business hours. Admission will be \$2 and only cash will be accepted.

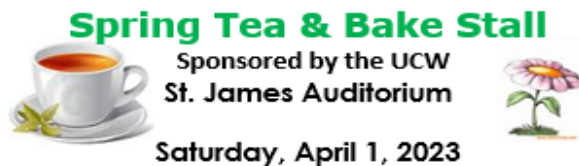
Volunteers are needed for setup on Saturday, March 18 and for the 2 days of the book fair. Please contact Jennifer @ 237-7011 or jadams@nl.rogers.com if you are able to help.

We thank you in advance for your support and hope to see you at the fair!

A Different Spot for Confession: Throughout Lent, we are including a Prayer of Confession in our 11:00 am Sunday worship service. That said, you will notice that it is in a different spot than you're used to. Often a confessional moment happens before the readings but through Lent we will offer this after the sermon. The placement we are using is based on the practice of Christians in Western Africa. They believe that we need to hear the word and let it open our hearts in order to know what we need to confess. This is a viewpoint that warrants trying for a season.

UCW Spring Tea:

St. James United Church
330 Elizabeth Avenue



Time: 2 – 4 pm Cost: \$8.00

Co-Conveners: Barbara Butt: (709) 687-1041
Sheliah Beckett: (709) 726-7421

Tickets: May be purchased at the door or from UCW members.

Donations: Donations of baked goods would be most appreciated.

We also ask if everyone can please bring their own shopping bag