

Life and Work: February 5, 2023

We accept the following donation to the Bridges to Hope Fund:

* In memory of a loving Husband and Father, Eric Patey, from Betty, Jeff and Karen.

Office Closure: The office at St. James will be closed on Friday, February 17, 2023 and will reopen on Tuesday, February 21st for regular office hours.

Communion on Sunday: This Sunday at the 11 am service, we are sharing in communion. For anyone joining in worship online in real time, be sure to have some bread, grape juice/wine, or another appropriate food and drink, so that you can share in communion with everyone in the sanctuary.

Heading out on holiday: (Rev.) James and Glen will be heading off on holiday from February 15 to 21. Rev. Miriam Bowlby will be leading the 11 am worship service on Feb. 19, Susan Sheppard will be leading the 7 pm EvenTide service and together with Rev. Kathy Brett will be covering any pastoral emergencies.

Postponement of Valentine's Day fundraiser: St. James' Stewardship Committee has decided to post-pone and change their Valentine's Day "Friendship and Fun" fundraiser to a spring event on **Friday, April 28**. This date was chosen after considering our church's calendar of up-coming events. This will give the committee more time to properly plan and prepare a fantastic event for the spring. We apologize for any inconvenience this causes to you, our supporters. We sincerely hope you will be able to attend in April! Stay tuned for up-dates!

CPR Training for AED Machine: New Participants Welcomed

We will be holding a training/retraining session for CPR/AED here at St. James on Saturday, February 18th @ 9:30 am – 12:30 noon. If you are interested in participating in a NEW Training session and becoming an attendant for St. James please contact Susan Pike by email at: susanpike@warp.nfld.net or 576-0703 by February 11th to ensure we have space for all participants. Training is certified by The Heart and Stroke Foundation.

Book Fair: St. James will be having their first book fair on St. Patrick's Day weekend. More details will be released in the upcoming weeks. Meanwhile, we will be looking for donations of new and used books so now is the time to do some spring cleaning of your bookcases! Please do not bring them to the church as of yet - we will let you know when to drop them off. Thank you in advance for your support.

Bridges to Hope: At this time of year, Bridges to Hope are finding themselves short in certain types of food donations at the food bank. The Board has decided to appeal to participating churches to ask their congregations to provide a specific item – a different item each month. For February, this item is Canned Beans. The hope is

that a unified appeal will help supply many hampers with items that are considered “staples”. All donations are gratefully accepted and can be brought to the Church or to Bridges to Hope. Thank you for your cooperation and support

Dropping in for Some Quiet or Prayer: Do you sometimes yearn for some quiet to reflect, to pray, to just be? Well, the church is available for just that. Drop by during office hours (new office hours are Tuesday to Friday from 8:30 am to 1:30 pm) and Stephanie or Bruce would be happy to open the sanctuary for you. Or outside these hours, call James at 351-0983 and if he is in the office or not too far from the church, he would be happy to assist. In addition, you are also free to come to walk around the sanctuary as a way to get your steps in when the weather is a bit inclement. You can get in 100 steps (or 0.05 km) with just 20 circuits of the sanctuary, you have walked 1 KM!!

Have old glasses you no longer need? Reminder we have a Lions Club donation bin for old eye glasses that can be used to help others in need. The bin is located on the coffee table in the office area OR the glasses can be passed along to the ushers for placement in the bin. Please note this is for glasses ONLY.

Book Group on Zoom. Thursdays beginning Feb 23rd. Our book will be John Philip Newell's *Sacred Earth Sacred Soul, Celtic Wisdom for Reawakening to what our Souls Know and Healing the World* (2021). It is available to order from both Amazon and Chapters for just under \$21, Kindell and Kobo \$12, and the website says there are 3 copies at the Chapters on Kenmount Road (not sure about price). If you would like to explore this book with us contact Susan Sheppard at susan@stjamesuc.org You will be responsible for purchasing your own copy in your preferred format.

Sewing Studio on Monday in Fellowship Room 7-9 pm. or at Memorial United, Portugal Cove 1-3pm. All sewers, knitters, needleworkers and crafters welcome