

## Life and Work – November 27, 2022

### **We gratefully accept the following donation to the Memorial Fund:**

\*In loving memory of Dorothy Hapgood from Florence Spurrell and Hal and Winnie Stanley

### **We gratefully accept the following donations to the Operating Fund:**

\*In loving memory of my darling son Andrew Winsor (1985-2008) and husband Garry Winsor (1954-2010) from Jan.

\*In loving memory of Beth Holloway from her sister Jan and Glenn Hiscock.

\*In memory of loved ones from Glenn Hiscock.

**Office Hours:** Effective on Monday, December 5<sup>th</sup> the office hours will be 8:30AM to 1:30PM Tuesday to Friday.

**Update on Helping Reunite a Ghanian Family:** We have some good news. The partner of our member from Ghana has been approved to come to Canada. Now we just need to get her on a plane. Any donation to help with the flight will be very appreciated. That said, because it would be to help an individual, we will not be able to receive donations through the church directly or to issue a tax receipt for your contribution. Your help gets us one step closer to reuniting this family, their son needing to stay in Ghana for the time being. Thank you in advance for your assistance.

**Dropping in for Some Quiet or Prayer:** Do you sometimes yearn for some quiet to reflect, to pray, to just be? Well, the church is available for just that. Drop by during office hours (Tuesday to Thursday from 8:30 am to 12:30 pm and Friday from 8:30 am to 4:30 pm) and Stephanie or Bruce would be happy to open the sanctuary for you. Or outside these hours, call James at 351-0983 and if he is in the office or not too far from the church, he would be happy to assist.

**Notice:** The UCW will have a table of baked goods at the Bethlehem Bazaar on Saturday, Dec 3rd. If you wish to donate a baked item the drop off day and time is Friday, Dec 2nd between the hours of 2-4 pm in the auditorium.

**Ukulele Group** - Ukulele practice group will be on Saturdays from 11AM to 12PM in the Fellowship Room. All are welcome!

**Stella's Circle Christmas Wish List:** It's the time of year for generosity and giving to those in need. As usual, St. James is collecting donations for Stella's Circle's clients! Donations can be made to St. James United Church Office. We will bring to Stella's Circle directly.

### **Household Items**

- \* Dishes, Pots & Pans, Frying Pans (non-stick)
- \* Utensils & Serving Utensils
- \* Cutting Board, Dish Racks
- \* Kettle, Toaster, Electric Mixer, Can Opener
- \* Plastic Mixing Bowls
- \* Dish & Pot Cloths
- \* Bed Sheets (Different Sizes)
- \* Cups, Mugs, Glasses
- \* Pie Plates, Casserole Dishes, Baking Sheets, Cake Pans
- \* Blanket & Pillows, Throw Blankets
- \* Bath Towels, Hand Towels, Face Cloths
- \* Mops, Bucket, Brooms, Garbage Bags
- \* Basic Household Cleaners, Lysol Wipes

- \* Laundry Detergent, Dish Liquid
- \* Light Bulbs
- \* Hand Sanitizer
- \* Paper Towels & Toilet Paper

### **Personal Care Items (for all adults)**

- \* Shampoo & Conditioner (in one)
- \* Shampoo, Conditioner, Soap, Body Wash, Deodorant
- \* Hairbrushes, Combs, Hair Elastics
- \* Hair Spray, Hair Moose, Hair Gels
- \* Shaving Cream, Razors
- \* Toothbrush, Toothpaste, Dental Floss, Q-tips
- \* Feminine Hygiene Products
- \* Face Cleanser (ex. Cetaphil), Make-up Wipes
- \* Nail Care Items (Clippers, Nail File)

### **Other Helpful Items (for all adults)**

- \* Socks, Underwear, Slippers
- \* Footwear (indoor & outdoor)
- \* Night Shirts, Night Wear Sizes Lg-5X
- \* Hats, Gloves, Mittens, Scarves
- \* Leggings of all sizes
- \* Movie Passes, Gift Cards, Colouring Books, Games

**Memory Christmas Tree:** At this time of the year, thoughts of our loved ones are never far from our minds. One of the ways we acknowledge this is through the Memory Tree. For a donation, a coloured bulb will be changed to a white one in memory or in celebration of loved ones. We often think of this in terms remembering those who have died but we also may have happy memories that we want to acknowledge, like the birth of a child, a graduation or perhaps an important anniversary. The money raised through your gift helps to fund the many projects and activities that make St. James the vibrant faith community we love. Please have your request into the office by noon on Friday, December 16 for inclusion in the Christmas Eve bulletin insert. Best wishes for a Christmas of peace, love and joy!

**Share the Holidays with an International Student!** The Internationalization Office has been connecting students to local families during the holidays since 2001 and this year, the Holiday Hosting Program is back! We are seeking hosts to invite two students or a family to their home for a holiday dinner around December 23rd to 30th. The winter break can be a time of social isolation, as many international students are unable to return home for the holidays. The Holiday Hosting program is a fantastic way for students to break the isolation and build a sense of community beyond Memorial's campus. It brings individuals from diverse backgrounds together, and families and students can share each other's customs while celebrating the end of the year!

If you would like to be a host, please send an e-mail to Georginne at [gworley@mun](mailto:gworley@mun) by December 5th, 2022. You will be sent a few questions that will help with the matching process and will be matched with students by December 16th, 2022. We really appreciate your help!

**Bridges to Hope:** At this time of year, Bridges to Hope are finding themselves short in certain types of food donations at the food bank. The Board has decided to designate the first Sunday of each month to make a special appeal to participating churches to ask their congregations to provide a specific item – a different item each month. For November, this item was peanut butter. The hope is that a unified appeal will help supply many hampers with items that are considered “staples”. The Board has also provided a list of other staples that are on sale at various grocery

stores this week. All donations are gratefully accepted and can be brought to the Church or to Bridges to Hope. Thank you for your cooperation

### Weekly "Specials"

November 24– December 1, 2022

### Good Suggestions for the Food Trolley

Colemans	Kraft Dinner	4/\$5.00
	Jello Jelly Powder	\$0.88
Sobeys	Lantic Sugar	\$1.79
Dominion	Graves Apple Juice	\$0.99
	Unico Tomatoes	\$0.99
	Primo Pasta Sauce	\$0.99
Walmart	Maxwell House Instant Coffee	\$2.47
Shoppers Drug Mart	No Name Peanut Butter	\$2.99

**A Green-er Christmas!!** Thank you to Rev. "Bobby Kirk" and the folks at Trinity United in Prince George, BC, for putting together this wonderful Advent Calendar.

# A Green-er Christmas

## WEEK ONE

- Reduce Christmas lights and /or switch to LED bulbs
- Decorate a large plant instead of a traditional Christmas tree
- Take a city bus for one of your Christmas errands
- Make a Shoebox gift or buy a bag of hats for kids in lieu of a gift
- Have a discussion with youth in your life about climate change
- Turn down the thermostat in your house and put on a Christmas sweater
- Sew your own gift bags or reuse gift bags from previous years

## WEEK TWO

- Reuse one side of Christmas cards to make gift tags
- Treat yourself to a special Christmas coffee but skip the drive-thru
- Make a donation to a charity in honour of a friend
- Put your Christmas lights on a timer
- Check your fireplace damper to ensure it is closed and check for drafts
- Try a meatless Monday
- Take your reusable cup if you go for coffee

## WEEK THREE

- Check the weather stripping on your doors and windows
- Ask your family for a coupon for services in lieu of a gift
- Put a rolled-up blanket by a door to prevent drafts
- Plan your holiday meals to avoid food waste
- Turn out the lights when you leave a room
- Ask your dinner guests to bring their own take away containers for leftovers
- Sort through your sock drawer or glove collection and donate items

## WEEK FOUR

- Ask friends to bring a non-perishable food item when they come to visit; bring the items to the church for ACE Sunday in January
- Celebrate Christmas! Count your Blessings.
- Take a break, put your feet up and contemplate if this Advent you took some steps to help God's creation.
- Walk through your neighbourhood to see Christmas lights
- Put each person's unwrapped gifts in a re-useable Santa sack

A huge thank you to the Care of Creation Team at Trinity United Church for putting this Advent Calendar together!

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### **"The Great Christmas Visit"**

As we approach the beginning of the Advent-Christmas season it is time to begin thinking about the "*Great Christmas Visit*". Who doesn't enjoy a visit from family or a friend especially after two years of strict restrictions? Why not volunteer to visit a member of our community of faith this holiday season?

We invite you to join in *The Great Christmas Visit* and reach out to members of St. James United Church who may be feeling isolated or lonely, especially those with mobility issues or those who are remaining close to home due to the ongoing pandemic.

You can participate in our *Great Christmas Visit* by simply filling out the attached form and returning it to the church office by **December 1st**. You will then be matched with an individual or couple to visit this holiday season. Visit with your match at some point between Sunday, November 27, 2022, and Friday, January 6, 2023, extending to them the care of this faith community. (Please remember public health measures are still important so it is best to wear your mask and remain 2 meters apart).

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### **The Great Christmas Visit**

Visitor Name: \_\_\_\_\_

Telephone Number(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

If you know someone who would appreciate a visit, Please list their name and contact information below.

Name of Person(s) to be visited: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Home Address: \_\_\_\_\_

*Thank you for sharing your gift of time the Advent-Christmas season!*

**Bethlehem Bazaar:** Mark your calendars for Saturday, December 3rd from 11AM-4PM. We are hosting a scaled down Bethlehem Market this year, including an opportunity for local crafters and other vendors. If you know someone who would like to rent a table to sell their wares, please contact the church office. Cost is \$25. Number of tables are limited so don't delay. Please bring in gently used items for the flea market.

