

Life and Work-February 07, 2021

CPR Training for AED Machine

We will be holding a retraining session for our current registered users for CPR/AED here at St. James on **Saturday, February 20th @ 9:00 am – 12:00 noon**. If you are interested in participating in a NEW Training session and becoming an attendant for St. James can you please contact Susan Pike by email susanpike@warp.nfld.net or **576-0703** by February 13th to ensure we have space for all participants. Training is certified by The Heart and Stroke Foundation.

REMINDER from the Re-Opening Team

Registration is required for attendance at Worship Services. We appreciate that this is a bit of a nuisance, it is in place for our protection and safety. Further, it is a requirement under Government and United Church COVID protocols.

Since the new year, we have been experiencing an increasing number of "drop-ins" at Sunday worship, to the extent in the last 3 weeks, the number of non registered in attendance was just shy of the number those who pre-registered. There is significant preparation required in order to protect our safety each week - number of bulletins, adequate staffing, seat allocation for social distancing, etc. We ask that you make every effort to remember to register as we do not want to turn anyone away if we can avoid it. Thank you for your anticipated cooperation.

Lenten folders are now available to those who wish to have one. They can be picked up from the ushers at Sunday worship or from the Church Office during regular business hours: Monday - Friday noon to 4:00pm

Registration: This is a reminder that registration is mandatory.

Please call **Jennifer** at **700-6064** between the hours of **11:00 am** and **4 pm** for a personal response, or leave a message with your name, number, and time of your call. Jennifer will accept your registration and answer any of your questions regarding the process. We have set up this line for registration purposes only. There is no need to call the church office to register.

Deadline for registration is 4 pm on the prior Friday.

Cowan Heights United Church

You are invited to join Cowan Heights United Church for a special service of worship on Ash Wednesday, **February 17, at 7:30 p.m.** After a tumultuous year, we will reflect upon the fragility of life and look towards our Lenten journey to the cross. We will receive the imposition of ashes (in a safe way to comply with Covid-19 protocols) and share together at the communion table as we are strengthened and sustained for the difficult journey to Golgotha. Pre-registration is required, please call (709) 745-2871 or visit <https://reopen.church/r/mJ5WOU PH> to register.

Members of the Association of Chartered Professional Accountants of Newfoundland and Labrador are once again offering free income tax services to senior citizens and low income residents of the St. John's, Mt. Pearl, and surrounding areas.

For more information or to arrange for an appointment, please call the Association of Chartered Professional Accountants of Newfoundland and Labrador at **753-3090 ext. 201**.

The Jimmy Pratt Memorial Outreach Center is seeking volunteers to add to our existing teams for Monday and Friday of each week.

Each team of volunteers require a maximum of four volunteers in the kitchen, and two additional volunteers at the distribution doors.

For more information please call:

George 709-685-0066

georgeparsons@bellaliant.net