

Life and Work-February 14, 2021

We gratefully acknowledge a donation to St. James from Adam Parly and Lesley Fanning in celebration of the Baptism of their child Sydney Marie Parly this past Sunday.

CPR Training for AED Machine

Please note that as a result of the provincial Public Health Order of Wednesday, February 10, **the class will now be offered via zoom for the same date and time.**

We will be holding a retraining session for our current registered users for CPR/AED here at St. James on **Saturday, February 20th @ 9:00 am – 12:00 noon.** If you are interested in participating in a NEW Training session and becoming an attendant for St. James can you please contact Susan Pike by email susanpike@warp.nfld.net or **576-0703** by February 13th to ensure we have space for all participants. Training is certified by The Heart and Stroke Foundation.

Lenten folders are now available to those who wish to have one. They can be picked up from the Church Office during regular business hours: Monday - Friday noon to 4:00pm

Cowan Heights United Church

You are invited to join Cowan Heights United Church for a special service of worship on Ash Wednesday, February 17, at 7:30 p.m. After a tumultuous year, we will reflect upon the fragility of life and look towards our Lenten journey to the cross. We will receive the imposition of ashes (in a safe way to comply with Covid-19 protocols) and share together at the communion table as we are strengthened and sustained for the difficult journey to Golgotha. Pre-registration is required, please call **(709) 745-2871** or visit <https://reopen.church/r/mJ5WOU PH> to register.

Members of the Association of Chartered Professional Accountants of Newfoundland and Labrador are once again offering free income tax services to senior citizens and low income residents of the St. John's, Mt. Pearl, and surrounding areas.

For more information or to arrange for an appointment, please call the Association of Chartered Professional Accountants of Newfoundland and Labrador at **753-3090 ext. 201.**

The Jimmy Pratt Memorial Outreach Center is seeking volunteers to add to our existing teams for Monday and Friday of each week.

Each team of volunteers require a maximum of four volunteers in the kitchen, and two additional volunteers at the distribution doors.

For more information please call:

George 709-685-0066

georgeparsons@bellaliant.net