St. James (Inited Church Life and Work, October 9, 2016

We offer our condolences to Heman Whalen and family, and Maude & Ben Lake and family, on the passing of Marion Whalen on October 3. Marion was Heman's wife and Maude's sister.

Ushering this week is provided by Usher in Charge: Kim Mayo

Greeters: Katelyn and Laura Mayo Ushers: Gerry Mayo, Shirley Feltham, Gerry & Colleen Fong

We acknowledge the following donations:

- *to the Roof Fund in loving memory of Alex Hickman from Nancy and the family;
- * to the Memorial Fund in loving memory of Eric Patey from Elaine Yetman;
- * to the Cemetery Fund from Margaret, Paul and David Dufort.

UCW Monthly Meeting tomorrow evening October 10 at 7.30; there will be a guest speaker. New members are always welcome. Please remember to bring items for the Grab Bags for our November 5 sale.

The next Pleasant View Towers Worship Service will take place at 2pm on Tuesday, October 11. Volunteers are asked to meet at 1.15 in the chapel to plan the congregation pick-ups; new volunteers are always welcome!

The Church office will be closed tomorrow, Monday, October 10. Hours on Tuesday are 3-5pm, with regular service resuming on Wednesday.

St. James' Fall Meditation Series with SuAn: Six weekly sessions begin on Monday, October 17 at 11am in the Fellowship Room; donation basis. Studies of meditation have shown that its practice reduces stress and anxiety, lowers blood pressure, reduces chronic pain and improves health, vitality and self-esteem. If you have never meditated, or have tried and found it difficult to continue your practice, yet you still have interest, please join us! If driving, remember to park for free in the first line nearest to Elizabeth Avenue. Anywhere else in the parking lot is liable for a ticket.

St. James UCW Fall Sale and Morning Coffee will be held Saturday, November 5 from 9:45 to noon in the church auditorium. There will be the usual stalls of a variety of baked goods (including Christmas fruit cakes), jams, pickles, and fudge, and stalls with handmade goods - knitted, crocheted and sewn and the surprise bags. Anyone wishing to donate, in any way, may contact sale convenors Marilyn Dunford 237-7100 or Jean White 739-0908. Tickets are \$7 and can be purchased from members or at the door. We look forward to seeing you there.

Minute for Mission: Rev. Melody Duncanson Hales is a Mission and Service Animator for Manitou Conference. She serves the United Church in northeastern Ontario and Northwestern Quebec in 60 pastoral charges. Her duties are varied: leading worship; planning giving programs; sharing stewardship ideas with a congregation; facilitating conversations about refugee sponsorship, overseas partnerships and concerns about environmental protection, always sharing stories of M&S and praying with each group. She likens herself to be the church's cheerleader: listening, encouraging and telling stories of their hope and generosity. She gives thank for the generous gifts to M&S allowing those in ministry to see the gospel being made real all over Manitou and across the church. Please keep M&S giving a regular part of your life of faith.

Grief and Bereavement Session on October 11, from 7-9pm in the New Cafeteria Conference Room of the L.A. Miller Centre.

Fall fairs in the city:

Wesley UC: Saturday, October 15, sale of goods starting at 9:30am, followed by a brunch 10am –noon; all for \$12 (\$6 for children under 12). Thursday, October 20 at 12:30pm, a soup luncheon and entertainment (Auction and Bridge) for \$12. Saturday, October 22, a cold plate dinner (5:30pm) for \$20, followed by a cake draw table, spins of the wheel, candy draw and silent and live auctions. For tickets contact Pheobe at 726-1689, Joan at 368-0434, Marvin at 579-7900 or the Church Office at 579-3682.

The Anglican Cathedral of St. John the Baptist's Fall Sale on Saturday, October 22 beginning at 10am in the Parish Hall on Queen's Road. Morning coffee will be served until 11:30am followed by a soup and sandwich luncheon from 12:30-2pm. There will be a variety of stalls including plants, books, knit goods and baked goods.

Cowan Heights UC afternoon Tea & Bake/Craft Sale on Saturday, October 22 at 2pm; tickets: \$7.50 at 745-2871 or at the door.

The Glenbrook Lodge Ladies' Auxiliary Fall Bake Sale on Saturday, October 29, at 2pm in the Acton Centre, Glenbrook Lodge, Torbay Road. Christmas cakes, preserves and novelty items will be available.

St. Andrew's Elementary School is seeking volunteers to help serve breakfast to their school children on Wednesdays, Thursdays, and Fridays. Meals are quick and easy to prepare (cereal, juice, yogurt; or toast and milk). After the children walk through and have their breakfast, volunteers tidy and clean the dishes. Volunteers arrive at 7:30am and cleanup is usually done around 8:30-8:45 depending on the number of volunteers. If interested, please contact Valerie Simmons at 689-9595 or simmons.val@gmail.com