

St. James United Church Life and Work, October 16, 2016

We offer our condolences to Sherry Burke and family on the passing of Sherry's husband, Sean, father to Patrick and Daniel and son-in-law to Roland & Marguerite Hillyard.

We offer our congratulations to Ashlea Legge and Darrell Kelloway, who were married at St. James on October 8.

We acknowledge a donation in loving memory of Eric Patey from Howard & Alice Forsey.

St. James' Fall Meditation Series with SuAn: Six weekly sessions begin tomorrow, Monday, October 17 at 11am in the Fellowship Room; donation basis. Studies of meditation have shown that its practice reduces stress and anxiety, lowers blood pressure, reduces chronic pain and improves health, vitality and self-esteem. If you have never meditated, or have tried and found it difficult to continue your practice, yet you still have interest, please join us! If driving, remember to park for free in the first line nearest to Elizabeth Avenue. Anywhere else in the parking lot is liable for a ticket.

UCW Monthly Meeting is now tomorrow evening October 17 at 7. (Last week's meeting was cancelled.) There will be a guest speaker. Please note the new time of 7 o'clock this week. New members are always welcome. Please remember also to bring items for the Grab Bags for our November 5 sale.

The regular monthly dinner meeting of AOTS men's club will be at 5:30 on Wednesday, October 19. New members are always welcome. The fish dinner taking place on Friday, October 21 at 6pm is sold out. Once again we thank you for your continued support.

St. James UCW Fall Sale and Morning Coffee will be held Saturday, November 5 from 9:45 to noon in the church auditorium. There will be the usual stalls of a variety of baked goods (including Christmas fruit cakes), jams, pickles, and fudge, and stalls with handmade goods - knitted, crocheted and sewn - and the surprise bags. Anyone wishing to donate, in any way, may contact sale convenors Marilyn Dunford 237-7100 or Jean White 739-0908. Tickets are \$7 and can be purchased from members or at the door. We look forward to seeing you there.

Minute for Mission: Filadelfia lives in Tizate, Las Flores, Guatemala, supported by Fraternidad de Presbiteriales Mayas (FPM). He leads a group of 10 women participating in a community microcredit program. The women use loans to purchase and raise steers, and produce potatoes for sale. FPM, a partner with the UCC, brings together 3,000 women of Mayan descent from across Guatemala

working for development in their own communities. The women speak of a new and vibrant sense of self esteem, practical skills around care of the environment, hygiene, parenting and raising livestock. They keep learning so they can teach their children and show them the value of education. They dream of a life with a sustainable, livable income, being treated with respect, and of taking leadership roles in their community, family and church. Your gift to M&S can help others!

Spiritual Care Week 2016, October 17 -23 – Spiritual Resilience: The 2016 theme, Spiritual Resilience, acknowledges the role of Chaplains and Pastoral Care givers to support the spiritual resilience (or growth of it) in those they serve. October is Clergy appreciation month.

Fall fairs in the city:

Wesley UC: Thursday, October 20 at 12:30pm, a soup luncheon and entertainment (auction and bridge) for \$12. Saturday, October 22, a cold plate dinner (5:30pm) for \$20, followed by a cake draw table, spins of the wheel, candy draw and silent and live auctions. For tickets contact Pheobe at 726-1689, Joan at 368-0434, Marvin at 579-7900 or the Church Office at 579-3682.

The Anglican Cathedral of St. John the Baptist's Fall Sale on Saturday, October 22 beginning at 10am in the Parish Hall on Queen's Road. Morning coffee will be served until 11:30am followed by a soup and sandwich luncheon from 12:30-2pm. There will be a variety of stalls including plants, books, knitted goods and baked goods.

Topsail United Church annual Fall Flea Market will take place on Saturday, October 22 from 10am-2 pm. Admission \$1, All are welcome.

Cowan Heights UC afternoon Tea & Bake/Craft Sale on Saturday, October 22 at 2pm; tickets: \$7.50 at 745-2871 or at the door.

The Glenbrook Lodge Ladies' Auxiliary Fall Bake Sale on Saturday, October 29, at 2pm in the Acton Centre, Glenbrook Lodge, Torbay Road. Christmas cakes, preserves and novelty items will be available.

The Agnes Pratt Home Fall Bazaar on Saturday, November 5, 10am-3pm; craft sale, bake sale, table of chance, white elephant sale, lunch starting at noon that day that includes homemade soup, roll, tea/coffee & dessert for \$7 per person.

St. Andrew's Elementary School is seeking volunteers to help serve breakfast to their school children on Wednesdays, Thursdays, and Fridays. If interested, please contact Valerie Simmons at 689-9595 or simmons.val@gmail.com

St. Michael and All Angels Men's Association will be hosting a Flipper Dinner (rolled stuffed pork loin alternate) and field steamed partridgeberry pudding for dessert on Saturday, October 22 at the Parish Hall, 75 Kiwanis St. @ 6:30pm. Take outs are available @5:30pm; tickets are \$25 each. Please call 579-8279 to book your tickets.