

St. James United Church Life and Work, May 15, 2016

Ushering this week is provided by:

Usher in Charge: June Jones **Greeters:** Donna Downey, Shirley Downey

Ushers: Florence Head, Sylvia Cole, Barbara Tulk, Betty Pilgrim



We offer our thanks to Dr. Crossan for taking part in our Worship Service today and sharing his wisdom with us. May his words continue to inspire and enlighten us all in the coming days.

We offer our congratulations to Rebecca Pike for completing her Diploma in Youth Ministry (AST), and her Masters' degree in Theological Studies (Queen's College). We wish her the best in her future training to become a Diaconal Minister for the United Church.

We wish to thank the Estate of Alex Hickman for the very generous donation made to St. James to support its work and activities.

We acknowledge a donation of \$4,500 towards the operating expenses of St. James from our UCW group. The UCW graciously committed \$2,000 to the budget earlier this spring, but have now selflessly donated more than double their original commitment. Please join us in extending a grateful thanks to these amazing ladies!

Please join us for Coffee Hour in the Auditorium following today's 11am Service.

Tomorrow evening: *Better than Today* Concert by Kevin Collins with special guest Ray Walsh, beginning at 7.30 in our Sanctuary. Tickets (\$25) will be available during today's Coffee Hour, all day Monday from the office and at the door on Monday evening.

The final spring dinner meeting of the St. James AOTS Men's Club will be held in the auditorium on Wednesday, May 18 at 5:30pm. Our guest speaker will be Dr. Jean Brown of Cochrane Street UC who is also a NL Conference representative on the General Council of the UCC. She will lead a discussion on challenges facing the United Church. Members of our congregation are invited to attend this after dinner meeting discussion which will commence at approximately 6:15. Interested members can contact Leslie Dean at 722-6334 for any clarification.

Mediation for Seniors, all welcome: We continue our meditation sessions for 4 consecutive Mondays beginning May 30 at 11am in the Fellowship Room. We will take an hour each week to explore the theme of consciousness via the theory of meditation, effective techniques and practice time. Studies of meditation have shown that its practice reduces stress and anxiety, lowers blood pressure,

reduces chronic pain and improves health, vitality and self-esteem. If you have never meditated, or if you have tried and found it difficult to continue your practice, yet you still have interest, please join us.

Summer Music schedule, June 5 up to and including September 4. If you are interested in sharing your musical talents with the congregation, as a soloist, accompanied by Amy, or a duet or ensemble, please contact Amy by email or phone, amdalziel@mta.ca 771-2414

Container Gardening: Do you want fresh vegetables this summer? No room for a garden? Try container gardening! *Food 1st NL's* container gardening workshop will now take place on Monday evening, June 6, from 6-7.30 in the Fellowship Room. If you are interested in attending on this new date, please contact Susan at 722-1881.204 or susan@stjamesuc.org

Seniors are invited to a special Worship Service on Wednesday, June 8 at 11am: Holy Communion in the Sanctuary, with the St. James Guitar Group providing musical leadership. This will be followed by a light lunch in the Auditorium. Please let SuAn know by Wednesday, June 1 if you wish to participate. (722-1881, ext. 200) Transport can be provided.

The Lions Clubs of Newfoundland and Labrador recently found 61 pairs of eyeglasses in our box, so we are keeping it there for a while longer. You may donate your gently used prescription glasses or sunglasses for their recycling program at the Bishop's Falls Correctional Centre, to be sent to Haiti for vision clinics co-sponsored by Lions and Team Broken Earth.

This evening at 7: The Gospel Plus Band and the Men's Club Visitation Choir will present an evening of Gospel Music at First United Church. Everyone is welcome.

Observer renewals: It's that time again! Please contact Barry Cutler (364-3450 or newfie_1_ca@yahoo.ca) to renew your subscription for another year – it does not happen automatically. Cost for the coming year is \$25, with the renewal deadline on June 14. For those folks wishing to begin a subscription, please return this form to the office.

Observer Renewal: I would like to receive a subscription to The United Observer through the St. James United Church-NL Group Plan at the new price of \$25 per year. Payment enclosed.

Name: _____

Address: _____

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