

St. James United Church Life and Works, January 17, 2016

We offer our condolences to the following:

- * Robert Bishop and family on the passing of his wife, Susan, sister of Heidi Janes, on January 9. Her funeral took place from St. James last Wednesday;
- * Nancy Hickman and family on the passing of the Hon. T. Alex Hickman on January 10. Alex was a Founding Member of St. James; his funeral took place from here last Friday.

We acknowledge a donation to the General Fund in loving memory of the Hon. T. Alex Hickman from Phil Saunders.

Today after the 11am Service:

- * **Coffee Hour** in the Auditorium; all are invited and welcome;
- * **GO Project 2016:** a meeting of parents and youth (finishing grade 8 - age 19) interested in taking part in this year's Go Projects at 12:30 in the Fellowship Room. We will be accepting registrations and deposits, deciding on which GO site(s) to take part in, and our fund raising plan. For further information on The Go Project visit www.thegoproject.ca or contact Susan Sheppard at 722-1881 ext 204 or email susan@stjamesuc.org.

Meditation for Seniors continues tomorrow, Monday, January 18 at 11am; our focus will be Joy to open the space of meditation within us all. Please join us in the Fellowship Room at St. James; everyone is welcome.

Hatha Yoga at St. James: Chris Adams, a certified yoga teacher, life coach, and meditation instructor will be offering multilevel yoga classes twice a week (Tuesdays and Thursdays) at 5.30pm in the Fellowship Room. Contact Chris at 709-400-0727 or email chrisadamscoaching@gmail.com

The first AOTS dinner meeting of the New Year will be held on Wednesday, January 20 at 5:30 p.m. New members are extended a warm welcome.

Looking ahead at St. James:

- * Tuesday, January 19: Church Council Meeting at 7pm;
- * Tuesday, February 9: Pancake Supper.
- * **Growing a Rule of Life** -Just as stakes and lattices nurture the growth of young plants, so too can spiritual disciplines support the flourishing of our whole being. This series uses a tool from monastic spirituality called a 'Rule of Life' to explore and cultivate our relationships with God, Self, Others, and Creation. This is an exciting opportunity to dig deep and dream big about ways to live into a more abundant life with Christ. A 6 week Lenten series beginning Monday, February 15 at 11am, or Wednesday, February 17 at 7pm. To register please sign one of the sign-up sheets at the entrances. Workbook cost will be \$5.

St. James' office: February 8-25: We are looking for volunteers to be in the office at the following times, whilst SuAn is on vacation:
Mondays – Thursdays 9.30am-12noon, and Monday afternoons 1-5. Please contact SuAn if this interests you (722-1881, ext.200), or reserve your spot on the list on the office door. Duties will be meeting, greeting and taking messages – no stress involved!

Rental opportunities: We have rooms available for rent most weekday mornings. Please contact the office if this interests you, 722-1881, ext. 200

We are looking for volunteers to assist with managing the sound system on the iPad during church services; if interested, please contact the church office.

2016 Envelopes: If you have not yet received your 2016 Envelopes, they can be found in the Sanctuary until the end of January.

Considering PAR? Why not make your 2016 contributions by Pre-Authorised Remittance? This convenient method of contributing to your church is being used nation-wide. Please call us for more details, 722-1881, ext. 200.



This Donate button is on our website to facilitate credit card donations. Often, this method is used to donate in honour of or in memory of loved ones. Please visit www.stjamesuc.org

We want your Recycling! Please drop your goods at any of the four Evergreen Recycling locations (www.greencan.ca), and quote our phone number, 709-722-1881, or just bring them in to the office. Thank you!

Vacancies in our Conference: Please see the message on our bulletin boards from Rev. Paula Gale, Chair of Conference Nominations.

Letters from our Moderator: Please read or take a copy of the following letters from our Moderator, found on the bulletin boards:

- * On Fossil Fuels and Living into Decisions Made
- * Syria Emergency Relief: Government Extends Deadline for Matching Donations

During periods of extreme weather, if it is not reasonable to open for Sunday worship, notification to the Congregation will be via VOWR, other radio stations, and the recorded telephone message by 8:30 am on the Sunday in question.

The Association For New Canadians is looking for play pens. Please call 722-9680 if you have one to donate, or if you are interested in helping out in other ways.