

St. James United Church Life and Works, January 10, 2016

We acknowledge the following donations:

*to the **Bethany Danielle Pike Memorial Camp Fund**, remembering Bethany on her birthday, January 8, with love from Susan, Stephen and Rebecca, and also from Fred & Pam Earle in Bethany's memory for her birthday;

***Rainbow Stands for Project Grace** from Charlie Pope, Ariel Fainer, Lorna Jamieson, Bill Sheppard, Karen Giannou;

***Our Memory Tree** in loving memory of a dear mother and father, Fannie & Ernest Sweetapple, from their daughter, Mary E. Andrews.

There will be a Worship & Sacraments Committee meeting after the 11am Service today.

Meditation for Seniors: Beginning tomorrow, Monday, January 11 at 11am, SuAn will be facilitating a weekly meditation session at the same time for 4 consecutive weeks. We will take an hour and a topic each week (peace, joy, love and wisdom) to open the space of meditation within us all. Please join us in the Fellowship Room at St. James; everyone is welcome.

Hatha Yoga at St. James: Chris Adams, a certified yoga teacher, life coach, and meditation instructor will be offering multilevel yoga classes twice a week at 5.30pm in the Fellowship Room starting next Thursday, January 14. Exercise your mind body and spirit, and start the New Year with new light! Contact Chris at 709-400-0727 or email [chrisadamscoaching@gmail](mailto:chrisadamscoaching@gmail.com)

There will be a Christian Education Committee Meeting at 7pm tomorrow, Monday, January 11.

The UCW will hold its first meeting of the New Year tomorrow, Monday, January 11 at 7.30pm.

Benefits of volunteering: Much can be said about this, including how volunteer activities help with interpersonal and communication skills, such as understanding people better and dealing with difficult situations. St. James has many opportunities, old and new, where volunteers prove invaluable in delivering the care-part of the Life and Work of St. James. There is not enough appreciation that can be given to those folks who tirelessly give of their time and energy, yet always we offer our thanks and appreciation to all who did just that throughout 2015, and we welcome on board all who will join us in this coming year. Please watch this space for new opportunities, 4 of which follow:

St. James Monthly Long Term Care (Escasoni) Service will be held on Tuesday, January 12 at 2pm. All volunteers please meet in the chapel at 1.30.

St. James' office: February 8-25: We are looking for volunteers to be in the office at the following times, whilst SuAn is on vacation:

Mondays – Thursdays 9.30am-12noon, and Monday afternoons 1-5. Please contact SuAn if this interests you (722-1881, ext.200). Duties will be meeting, greeting and taking messages – no stress involved!

We are looking for volunteers to assist with managing the sound system on the iPad during church services; if interested, please contact the church office.

Next Sunday, January 17 there will be a Coffee hour following the 11am Worship Service. For this month we have no Committee responsible for Coffee Hour, so we are requesting donations from the congregation. If you can bring a plate of cookies or sandwiches, please call Jan Winsor at 687-0912 by next Thursday.

GO Project 2016 - There will be a meeting of parents and youth (finishing grade 8 - age 19) interested in taking part in this year's Go Projects next Sunday, January 17, at 12:30 in the Fellowship Room. We will be accepting registrations and deposits, deciding on which GO site(s) to take part in, and our fund raising plan. For further information on The Go Project visit www.thegoproject.ca or contact Susan Sheppard at 722-1881 ext 204 or email susan@stjamesuc.org.

Looking ahead at St. James:

*Tuesday, January 19: Church Council Meeting at 7pm;

*Tuesday, February 9: Pancake Supper.

2016 Envelopes: If you have not yet received your 2016 Envelopes, they can be found in the Sanctuary today and next Sunday.

Considering PAR? Why not make your 2016 contributions by Pre-Authorised Remittance? This convenient method of contribution to your church is being used nation-wide. Please call us for more details



This Donate button is on our website to facilitate credit card donations. Often, this method is used to donate in honour of or in memory of loved ones. Please visit www.stjamesuc.org

Rental opportunities: We have rooms available for rent most weekday mornings. Please contact the office if this interests you, 722-1881, ext. 200

We want your Recycling! Please drop your goods at any of the four Evergreen Recycling locations (www.greencan.ca), and quote our phone number, 709-722-1881, or just bring them in to the office. Thank you!