

Save the date, Sunday, December 6 at 3pm: St. James is very pleased to host the Gospel Folk Seniors Choir, who will perform their concert, *An Hallelujah Christmas*, which features the approximately 40 member choir, a youth choir, and featured soloist Leah Antle. Admission will be 'Free Will' only, and proceeds will go toward programs supported by St. James. The Gospel Folk will be providing free bus service to seniors in specific Seniors Residences. More details will follow, but for now, save the date!

St. James Long Term Care (Escasoni) Caroling will happen on Tuesday, December 15 from 2-3:15 pm. There will be 2 teams and Caroling will be stationary; we will SIT and make a joyful noise! One team will carol in the South Wing of the East Tower, while the other team will carol in the North Wing of the East Tower. There are approximately 30 volunteers needed for this outreach ministry event. Please join in this wonderful opportunity to give to others this Christmas by calling the church office to volunteer; 722-1881, ext 200. Any questions please call Rev. Pamela!!

Help us to help our St. James family! If you know of someone who is sick, going through a difficult time or someone who could just use a phone call or a visit, we are glad to hear about it so we can help. Please let us know by calling the church office or leaving us a voicemail on our office phones. On Sunday morning, leaving church, at coffee hour or social events, it is very difficult to keep track of all the information we are given verbally. Help us to make sure the needs of our congregation are met as much as possible. Thanks! -- Rev. Pam & Rev. Terrie.

Hot for the Holidays Yoga Special at St James is open for immediate registration. From November 30 – December 17, Certified Yoga Teacher and Life Coach, Chris Adams will be offering Yoga for Beginners – Intermediate in the Fellowship Room, Monday – Thursday, 5.30-6.30pm. You will learn 4 different yoga routines to warm up your mind, body and spirit; gentle mindful movement for a more relaxing workout, chair yoga for those with mobility issues, beginner Power Yoga and ChiGung Yoga Fitness Fusion for those who want to work up more of a tone and sweat. Please email chrisadamscoaching@gmail.com or see www.facebook.com/nowandzenoaching for details.

St. James' Little Free Library, open to the community, operates on a 'take a book, leave a book' principle. In other words, please do not bring boxes of books and leave them here, but bring one you would like to exchange.

ChristmasVisitor: It's that time again! Please forward your article for Monday, November 30, to SuAn at info@stjamesuc.org

Bridges To Hope, *Providing help! providing hope!* is in need of sugar, tea-bags and instant coffee, all of which is repackaged in small amounts. Many of our clients do not use coffee makers. Our supplies of tinned milk, meat and fish, beans etc. are also low. Please help us continue to give a 'hand-up' to our fellow citizens.

Stella's Circle: Please see the annual Christmas letter and wish list from Stella's Circle on the church notice boards. Stella's Circle is featured in this year's UC *Gifts with Vision* catalogue. For a gift of \$20 you can 'Give a New Start' gift by helping unemployed adults develop their skills and train in construction, commercial cleaning, or food services. Please visit www.giftswithvision.ca

In celebration of National Child Day, (November 20) families of all ages and abilities are encouraged to join City staff this afternoon, from 1:30-3:30 at the NL Sport Centre, 100 Crosbie Road, for an afternoon of physical activity and fun including: an obstacle course, target games, active tot spot, crafts, bouncy castles, hooping and active displays from a variety of child friendly community organizations.

Gower St. Church Seniors Christmas Gala: Tuesday, November 24, 6:00 to 8:30pm. Hot turkey dinner, dessert, tea/coffee, entertainment and prizes. Tickets are \$15, available at church office. Ph: 753-7286

Gospel Concert: The Glenbrook Lodge Ladies' Auxiliary will be holding their annual Christmas Gospel Concert on Friday, November 27, at 7:30pm, at St. John's Citadel, Adams Avenue, featuring choral groups, vocalists, and other musicians. There will be a Musical Prelude at 7pm. Tickets (\$10) are available at the S.A. Christian Bookstore or from Auxiliary members. For more information call 739-6391.

Ten Thousand Villages Fair at The Lantern, 35 Barnes Road, 753-8760 :
Thursday, November 26, 12noon-8:30pm;
Friday, November 27, 8:30am-8:30pm;
Saturday, November 28, 8:30am-2pm.

Wesley UCW Breakfast with Santa and Mini Bake Sale will take place on December 5 at 10am: bacon, sausages, pancakes, toast, juice, tea & coffee. Tickets: Adults –\$10, Children –\$5 are available from Phoebe 726-1689 or the church office 579-3682.

Saint Luke's Homes 15th Annual Christmas Concert, December 6 at 7:30pm at St. John's Arts and Culture Center, Tickets \$22.50

