

The following donations have been made:

In loving memory of Jean Bowering from Janet Prince of Calgary and Susie Smith of St. John's.

to the Bethany Danielle Pike Memorial Camp Fund in loving memory of Bethany from Stephen, Susan and Rebecca.

To the Memory Tree in loving memory of parents Sam & Ethel Jenkins and brother Cecil from Dorothy Jenkins.

to the Roof Fund in recognition of Albert & Vickie Styles' recent 58th wedding anniversary from William & Renata Styles and family. Happy Anniversary Albert and Vickie!

Praise-Fit begins Tuesday, January 7th at 10.30am and Friday, January 10th at 6pm. The first class is free! After that, cost is \$6 for a drop-in participant or \$20 for 4 classes. Praise-Fit incorporates dance-based moves choreographed to faith-based music. Classes are fun, lively and entertaining, with a musical and lyrical focus on loving God and pursuing a lifestyle of holiness.

Bible Study begins Monday January 13th at 10am and Tuesday January 14th at 7pm. This session: the Gospel of John.

Winter Youth Retreat for ages 12-19, "In the Beginning", Jan 17-19, Rotary Sun Shine Park. Registration \$50: for more information see Susan or Rebecca.

A big thank you from Bridges To Hope (Karen Moores): "It with great pleasure the Bridges To Hope Organization thanks the individuals, corporate sponsors and churches who responded to the needs of those in our community who experience difficulties during the Christmas season. This Christmas the St. John's Rotary Club provided 325 hampers to families who would not otherwise have a Christmas celebration dinner. The generous donations received from individuals, corporations and churches provided for an addition 130 hampers. In 2013 in excess of 8100 hampers were provided and more than 10, 000 meals prepared. We are confident that the Pantry will continue to help with the day to day struggles of feeding families and that our Community Kitchen will be able to assist families in the provision of economical, healthy meal preparation. Although a simple thank you does not seem to be enough, it is a sincere one. We are a generous community, a caring people and people who are more than willing to "give a handup" to someone in need. Thank you for helping Bridges to Hope at Christmas time and throughout the year."

The Heart and Stroke Foundation is offering a risk reduction program for women 35-65 with at least one risk factor for heart disease and stroke. the Foundation plans to hold 4 weekly free sessions early in the New Year in Gander, Grand Falls-Windsor and St. John's. Contact Shelly Collins at 753-8521 or scollins@hsf.nl.ca